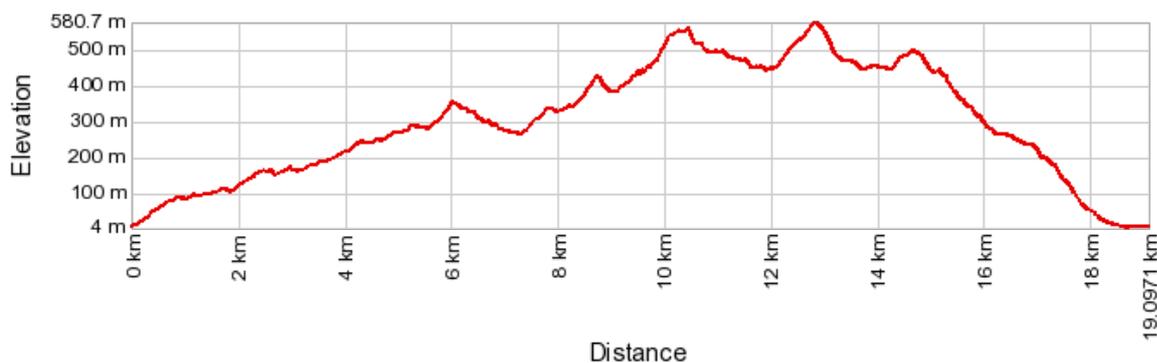




Leg 23 from Marina di Andora to Albenga

Total length	19 km
Hiking time	5h 45'
Cumulative elevation gain	867 m
Uphill percentage	53%
Downhill percentage	40%
Percentage of hike on natural earth	69 %
Percentage of hike on asphalt	31 %
Percentage of hike on paved surface	
Percentage of hike on other surface	



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**General description:**

This beautiful itinerary follows the panoramic ridge between Andora and Albenga above the villages of Laigueglia and Alassio, that can be reached descending one of the many intersecting paths. During crisp bright days you can enjoy gorgeous views over the coast and Gallinara Island on one hand, and the Maritime Alps to the North.

Description of the itinerary

The leg 23 of the Sentiero Liguria allows to walk from Andora to the beautiful old centre of Albenga. The itinerary starts near the roundabout of Via S. Lazzaro, and follows Via S. Damiano up until a concrete tank, from where it continues on a dirt road.

Follow the dirt road until the fork, after circa one hundred metres. Bare left on the trail marked with a “red square” that is not always evident. This trail section (called “Via di mezz’acqua”) leads slightly up to the characteristic hamlet of Colla Micheri, passing in front of the remains of the Church of S. Damiano.

From Colla Micheri, continue on a small road marked with an “empty red diamond”, that soon turns into a dirt road, and leads to Poggio Balaie (308 m a.s.l.). Ignore the trails that lead down to Laigueglia.

From Poggio Balaie you continue up until Poggio Brea (370 m), a lookout with benches from where you can enjoy the view.

Continue eastwards following the “two red dots” mark, that will be present till the end of the leg in Albenga. After a gentle descent you will reach an adventure park. Near the remains of the Church of S. Bernardo, take the road up.

Once at La Crocetta take the trail that leads up to the old guard tower Torre “Pisana” (450 m).

Walk down again until the provincial road and, at the main crossroads, take the path left that leads up to the Church of Madonna della Guardia, passing through pine trees and Mediterranean scrubland.

The trail passes by the old religious settlement and continues downhill flanking the road until Poggio Vallega (534 m). At the fork with the trail to Monte Piscivino (also known as Punta Veliasco) you can decide whether to continue on the trail that flanks the mountain on the left leading gently down, or to climb up the top of Monte Piscivino, and join the first trail on the other side with a detour of about twenty minutes.

Once on the other side of Monte Piscivino, continue towards Monte Bignone (518 m) following the beautiful trail that, passing on the ridge, allows to enjoy gorgeous views over the coast and the Alps.

Walking down from Monte Bignone to Albenga you can enjoy the view on the Gallinara Island. The trail first follows the so called “Sentiero dell’onda”, and then the Roman road Via Iulia Augusta, connecting Albenga to Alassio.

At the intersection with the Via Iulia, continue left until you cross another road that will lead you down to Albenga. Cross the imposing bridge over the Centa River and enter the old centre of the village.