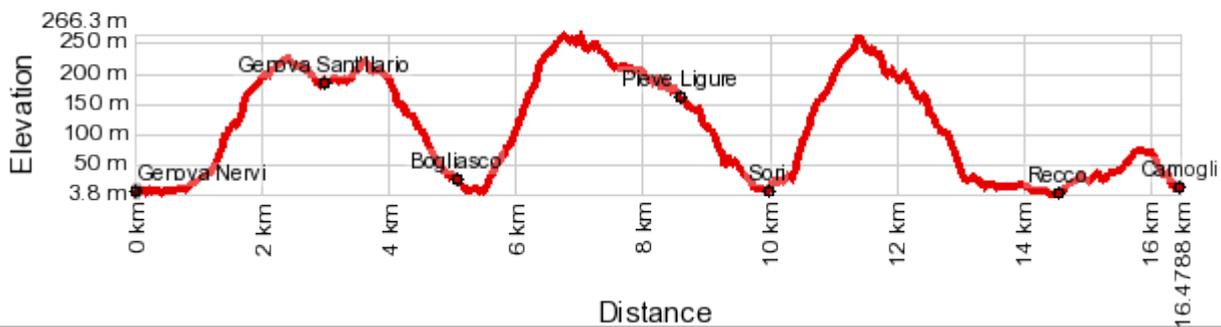




Leg 11 from Nervi to Camogli

Total length	16,5 km
Hiking time	6h
Cumulative elevation gain	828 m
Uphill percentage	44 %
Downhill percentage	41 %
Percentage of hike on natural earth	13 %
Percentage of hike on asphalt	59 %
Percentage of hike on paved surface	28 %
Percentage of hike on other surface	

Profilo altimetrico



General description:

Beautiful leg with many interesting overlooks over the Paradise Gulf and the Promontory of Portofino. From the little marina of Genova Nervi, the itinerary follows the promenade of Nervi before climbing up the hills on old mule tracks ("creuze"). From Sant'Ilario a series of ups and downs allows to discover coastal villages and outback suburbs and small country churches immersed in olive groves, surrounded by interesting mixed woods alternated with Mediterranean scrubland. From Recco the itinerary follows the flat coastal road until Camogli, where this leg ends.



Description of the itinerary

From the marina of Nervi, follow the promenade Anita Garibaldi and, after a few hundred metres, take the underpass to the railway station. Continue uphill on the elegant Viale delle Palme. At the intersection with Via Guglielmo Oberdan, cross the road and continue northwards on Via Goffredo Franchini.

At the bus stop of line 15, take the beautiful staircase marked with “two red triangles and a blue dot”. Cross the busy Via Donato Somma and take Via Superiore dei Lucchi, on the other side.

After 50 m turn right on Via Gavello (beautiful alley between stone walls). At the intersection with another mule track (Via Crocefisso) continue uphill on the left, until Via Croce di Ferro. Pass the fountain and continue up on the right until a fork with a characteristic iron cross. Take Via San Rocco di Nervi on the right and continue uphill until the little country Church of San Rocco di Nervi.

Passed the Church, continue eastwards on Via Nora Massa, which runs flat, ensuring beautiful views, until Via dei Marsano. Continue uphill until the Church of Sant'Ilario, where you turn right on Via Sant'Ilario, first, and Via alla Scuola di Agricoltura, after, until the gates of the school Istituto Marsano.

Take Via Lastrego (paved staircase) up and turn right on Via Luigi Cremona. Continue almost flat on Via Poggetto di Sotto. Walk down Via del Pianello, ignoring Via Rachero, and continue a few hundred metres eastwards before walking down Via Pagano.

Ignore the first intersection with Via Armanna and continue downhill baring left. Take Via Armanna on the left at the second intersection, descending gradually to Bogliasco.

Cross the Via Aurelia and the railway and enter Bogliasco on Via Giuseppe Mazzini, until Piazza XXVI Aprile. Pass the Parish Church of Natività di Maria Santissima and follow the promenade Via Ammiraglio Bettolo until the centre of the hamlet and the shore.

Cross the Roman Bridge (which maintains some original features despite the medieval restoration) on the Poggio Stream, and walk up Via Cristoforo Colombo. Cross Via Giuseppe Mazzini and take the staircase Via Nicolò Ansaldo uphill. Cross the Via Aurelia on the pedestrian bridge. In this section you will see the “red dot and stripe” mark to Monte Bado. Follow Via Favaro uphill until San Bernardo. From Piazza Gaetano Luce (bus stop) continue eastwards up until the small Church devoted to San Bernardo of Chiaravalle. Bare right and take the beautiful walking path to Pieve Alta (marked with “3 red dots”).

After in 30 minutes walking, almost in Pieve Alta, take the quite Via San Bernardo and continue eastwards, ignoring the many intersections, until the Parish Church of San Michele Arcangelo. On the panoramic square you can find some bars and food shops.

From here the Sentiero Liguria continues downhill on Via Roma for circa 50 metres before turning right on a paver mule track (marked with 2 red squares). Cross Via Roma and take Via San Gaetano eastwards, ignoring Via Besso leading down to the railway station. At the fork abandon the “2 red squares” and continue down to the right, still on Via San Gaetano.

Cross Via Solimano and continue on Via Manin towards Sori. Cross the Via Aurelia and take the paved alley Via Sant'Erasmo. Pass the house with the plaque dedicated to Pablo Picasso's great-grandfather and, from the little square in front of the Church of the Confraternita di Sant'Erasmo, take the staircase of Via Marinai d'Italia to the centre of Sori.

Cross the wooden bridge on the stream and take Via Cavour. Pass the beautiful Church of Santa Margherita di Antiochia and take Via Genova uphill. Pass under the bridge of the Via Aurelia and turn right towards the railway station (Via Ottavio Mangini).



Once on the Via Aurelia, continue uphill eastwards. Cross the road in front of Viale alla Stazione (here the Via Aurelia is named Via Francesco Crispi) and walk a few metres downhill to take the staircase Via Alighieri, leading uphill with the indication Monte Cornua (marked with “two red vertical bars”). Leave the small Church on the right and continue on Via alle 5 Strade, which soon turns into steep stairs.

Continue uphill eastwards (still following the “two red vertical bars”) until the country Church of Sant’Apollinare, dating back to the XIV century. During clear days, the view stretches from the Promontory of Portofino to the East, to Savona and Capo Mele to the West. Some days it is even possible to spot Corsica Island to the South.

From the Church you continue eastwards on Via Belvedere, and bare right at the first fork, downhill towards Polanesi. At the end of Salita Sant’Ampollinare, turn left and take Salita del Campetto down until the Church of San Martino di Polanesi. Follo the asphalt road Via Polanesi until the fork and take Salita Costa Lunga which descends on the right and soon turns into stairs leading down to Via Mulinetti. Turn left on Via Mulinetti and reach the small railway station. Cross the railway and take Corso Garibaldi eastwards to Recco.

Before the Hotel Elena, take the stairs down to the promenade of Punta Sant’Anna, which leads you into the centre of Recco. Cross the pedestrian bridge on the stream and follow the promenade Lungomare Bettolo. Passed the local post office, take the stairs up on the left. On top of the staircase turn right on the asphalt road connecting Recco to Camogli. At the sign board of the municipality of Camogli, turn left behind the bus stop on the only square you encounter, and take the staircase to the Chapple of San Giacomo. Follow the secondary road down and take the steep stairs down to Via Schiaffino, which leads you all down to the centre of Camogli.